



SEPTEMBER 15TH & 16TH
TWISTED
CRAWDAD
TRAILS RACE
WEEKEND

Mountain Bike Race: 15th

The Mountain Bike Race features two challenging courses for racers to choose from:

22-25 mile race & 15 mile race

There will be four divisions: Youth, Men, Women, & Masters

The Mountain Bike race will be sure to test your endurance.

Race Start time: 8:30 a.m.

Trails Run: 16th

The Twisted Crawdad trail run will feature three courses for racers to choose from: Half Marathon, 10k, 5k run/walk

Race Start times:

Half Marathon: 9:00 a.m.

10K & 5k: 9:05 a.m.

**Mountain Bike
Race Entry Fee:
Long Race: \$60
Short Race: \$45**

**Trails Run Entry
Fee:**

1/2 Marathon \$45

10K: \$35

5K: \$25

**Participate in
both races: \$10
off entry fee**

**All races will start
and finish at the
“Cliffs” Recreation
area located in the
beautiful Nebraska
Pine Ridge National
Forest**

**Using the natural
terrain: creek
crossing, single &
two track trails**